

Goal: To bring parents together to support each other and learn more about how to best support their transgender/nonbinary child.

Length: 6 weekly 1.5-hour sessions

Cost: \$75/week for individuals, \$130/week for couples

Location: Cypress, TX (Northwest Houston)

Time/Date: TBD (currently gathering interest)

Group Facilitators:

Kristen Berglund, Licensed Professional Counselor (LPC): Kristen has been in private practice for 10+ years, has completed extensive training on gender-related topics, has facilitated multiple groups, and is a parent of a transgender teen.

Fatimah Escobar, Licensed Professional Counselor (LPC), Licensed Professional Counselor Supervisor (LPC-S):

Fatimah has been practicing in multiple settings for over 10 years and currently works in private practice with transgender and nonbinary adolescents and adults.

For more information or to reserve your spot:

Call Houston Psychotherapists at **832-237-2673** or email contactus@houstonpsychotherapists.com.