

Elementary

How Big Is my Problem?

<https://drive.google.com/open?id=19mR6nYNXPmFtFilo9zOhnd2cBWldRB4u>

Self-Regulation Coping Strategies

https://drive.google.com/open?id=1rBOdGR95u0g-W8LdHNuhQL_q0triQmZ-

Coping Skills for Kids

<https://drive.google.com/open?id=1nYZci4iX0xI6H8mlk4IRf1tUg58xHkEp>

https://www.youtube.com/watch?time_continue=17&v=efROnXJkJxw&feature=emb_log
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Victories n Autism

Printable visual tools and supports

<http://www.victoriesnautism.com/visual-tools.html>

Do 2 learn

Social skills resources, printable visuals, picture cards, learning sequences, daily living skills, behavioral skills

<https://www.do2learn.com/>

The Kindness Calendar

<https://www.kindness-school.org/kindness-calendar>

5 Social Emotional Games to play with your child

<https://www.understood.org/en/school-learning/learning-at-home/games-skillbuilders/social-emotional-activities-for-children>

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Free Social-Emotional Learning Activities from Second Step

<https://www.secondstep.org/covid19support>

The Imagine Neighborhood is a podcast designed to help children and their grown ups grow their social-emotional skills

<https://www.imagineneighborhood.org/podcast-1>

Free guided mindfulness sessions and videos

[Mind Yeti®](#):

Visual reminders to help your kids name their feelings and learn how to manage them, too! (English and Spanish).

[SEL Posters](#)

Character Does Matter

<https://www.facebook.com/TravisManionFoundation/>

Each weekday at 1 pm ET, a Travis Manion Foundation (TMF) veteran mentor will host a Facebook Live video around character development for elementary and middle school students.

The Team at SiLAS has put together some free Social Animations, Social-Emotional Learning Lessons and Parent Sheets.

https://curriculum.silassolutions.com/elearning_resources/

iKeepSafe has made six digital books freely available to help elementary students learn safe online practices. Subjects cover sharing of embarrassing videos, online privacy, cyberbullying, balancing screen time with real life, dangerous downloads and making healthy media choices. <https://ikeepSAFE.org/faux-paw-the-techno-cat/>

Social narratives

<http://www.kansasasd.com/socialnarratives.php>

Resources for families and individuals with ASD

https://difflearn.com/blogs/http-blog-difflearn-com/coping-with-covid-19-an-annotated-list-of-resources-for-families-of-individuals-with-asd?mc_cid=ad67a2357b&mc_eid=1531b0771c

Autism strategies

<http://autismteachingstrategies.com/free-social-skills-downloads-2/>

STAR Visual Supports

<https://starautismsupport.com/classroom-tools/Home-Supports>

