

## Region V-6A Swimming and Diving Championships

Thursday-Saturday, February 2<sup>nd</sup> – February 4<sup>th</sup>, 2023

- WELCOME:** Cypress-Fairbanks Independent School District is proud to host the Region V-6A Swimming and Diving Championship this year. We wish the best of luck to all competitors, and hope that each will achieve their goals.
- LOCATION:** CFISD Natatorium, 12550 B Windfern Road, in Houston, TX 77064
- FACILITY:**
- |   |  |
|---|--|
| Two 8 lane pools, 9' wide lanes, 7'6" shallow     | Paddock surge control gutter system        |
| Restroom and locker facilities                    | Paddock flow through bulkheads             |
| Colorado Gen7 Timing System                       | Separate diving well from competition pool |
| Two Full color Colorado Timing System Scoreboards | Two 1 Meter diving boards – Maxi Flex B    |
| Concession stand                                  |  |
- LIABILITY:** The University Interscholastic League and The Cypress-Fairbanks Independent School District accept no responsibility nor liability for injuries sustained by any individual, athlete, official, meet volunteer, or spectator while traveling to and from or participating in the meets.
- MEET BEHAVIOR:** It is expected that all persons attending this meet will respect the facilities and remember that they represent themselves and their respective schools/teams. Damage to the facility when proven will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet.  
**Remember it is a UIL violation for swimmers to shave down on site.**
- SPECTATORS:** Tickets will be available at the entrance for both Preliminaries and Finals. Contestants, bus drivers, trainers, and managers admitted without charge when identified by their coach and entering with the team.
- ADMISSION:** Tickets can be purchased on-line or at the door using cash or credit card  
Prelims: Adults - \$10.00 (\$5.00 students)                      Finals: Adults - \$10.00 (\$5.00 students)
- PROGRAMS:** Prelims & Finals - \$5.00
- REGION SHIRT:** Official meet T-Shirts will be available for purchase. Pre-order sales will be available.
- CONCESSIONS:** There will be concessions provided for all sessions (except for diving)
- ON DECK PASSES:** Only athletes entered in the meet are permitted on deck. There will be two deck passes provided to coaches. Media pass requests must be made prior to the meet via email to the meet director, Jonathan Mayer ([Jonathan.mayer@cfisd.net](mailto:Jonathan.mayer@cfisd.net))

**DIVING:** Thursday, February 2<sup>nd</sup>, 2023: Diving Prelims and Finals

Warm-Up	1:00 PM — 2:20 PM
Girls' Only	2:20 PM — 2:50 PM*
Girls' Start	3:00 PM*
Boys' Start Time	30 minutes after the conclusion of the Girls' event*

*\*Girls and Boys events may be combined depending on number of entries. To be determined by Tuesday AM*

**SWIMMING:** Friday, February 3<sup>rd</sup>, 2023: Swimming Prelims

Warm-up	6:30 AM - 8:40 AM
Clear the competition pool	8:40 AM
Coaches meeting	8:45 AM
National Anthem	8:55 AM
Preliminary Meet Start Time	9:00 AM

Saturday, February 4<sup>th</sup>, 2023: Swimming Finals

Warm-up	7:00 AM — 8:30 AM
Clear the pool	8:30 AM
Coaches meeting	8:40 AM
National Anthem	8:55 AM
Finals Start Time	9:00 AM

**WARM-UP:** The warm-up procedures will be determined by team size and distance from the Natatorium. A separate 6-lane pool (West End) will be available during the meet for continuous cool-down and warm-up

**ENTRIES:** **Entries are due by 4:00 PM, Monday, January 30<sup>th</sup>, 2023.**

**ENTRY FEES:** \$15.00 per individual competitor, \$15.00 per relay entered.

i.e.: swimmer in 1 event = \$15.00 or same swimmer in 2 events = \$15.00

Entry fees are based on preliminary psych sheet when published. If, for any reason, a swimmer/diver should fail to compete there will be no refunds. Since this is the week of the meet, it is not anticipated that an entry check will be received before the meet. Your team will receive an invoice when reporting for the preliminary session. It is expected that this will be processed immediately.

Make Check or P.O. Payable to: **Cypress-Fairbanks ISD**

Send Checks To:  
CFISD Natatorium  
c/o Jonathan Mayer  
P.O. Box 692003  
Houston, TX 77269-2003

**ENTRIES:** Swimmers are automatically entered in the Region Meet through the district meet representative, no changes are permitted. If coaches are going to remove a swimmer from an individual event in order to swim three (3) relays, every effort should be taken to do that at your district meet site. If not, any changes must be done prior to the UIL Region Meet Entry Deadline; **Monday, January 30<sup>th</sup> at 4:00 pm**. Every effort will be made to contact the next qualifier in that event. Once entries are received, no changes are permitted, unless swimmers are scratching the entire meet. **Make sure your UIL Team Codes are correct prior to emailing your entries.** Once a swimmer swims on a relay it will count as one of their events allowed in the meet. National H.S Federation & UIL rules apply to entry requirements. Relay swimmers must be declared prior to the start of the relay. List up to eight (8) names for all relays entered. Changes to relay personnel must be from those eight (8) swimmers listed.

**Deadline:** **The entry deadline is 4:00 PM, Monday, January 30<sup>th</sup>.** Coaches should email their entries to the Meet Director, Jonathan Mayer, at [Jonathan.mayer@cfisd.net](mailto:Jonathan.mayer@cfisd.net). In the email, attach the Meet Manager File (Hy-Tek or Team Unify) along with the PDF Entry Report, sorted by "Meet Event Number". Include your team name in the subject of the email. If you have a swimmer that qualified in the top four (4) at your District Championship Meet, but is not competing in that individual event, make a note in the email body. **Additionally, all diving clean entries must be submitted by this deadline.**

The Meet Director shall, upon receiving each e-mail, notify the appropriate party of the receipt and any problems noted with the files within 24 hours. If no reply within the specified time, please contact the Regional Meet Director immediately.

District meet directors shall **e-mail** the Hy-Tek backup file to the Region Meet Director upon the conclusion of their respective District Championship.

**Email meet backup to:** [Jonathan.mayer@cfisd.net](mailto:Jonathan.mayer@cfisd.net)

**DIVING ENTRIES:** Divers must be indicated as participating in 1M Diving on the entry file/sheet submitted with the swimmers.

Sheets: Diving entries should be submitted electronically. Access [www.cleanentries.com](http://www.cleanentries.com) to register you, your team and the divers. The meet will be available as "UIL Region V-6A". This is the process for the state meet, also. The same instructions are on the UIL state meet site [http://www.uilTEXAS.org/files/athletics/state-swimmingdiving/2011\\_State\\_Diving\\_Entry\\_Instructions.pdf](http://www.uilTEXAS.org/files/athletics/state-swimmingdiving/2011_State_Diving_Entry_Instructions.pdf). All diving sheets must be signed by the diver and the coach before the start of the meet: National Federation Rule 9: Section 3: Article 4. Failure to have these signatures will disqualify the diver from the competition. Changes may be made up to one hour before competition begins.

**Substitutes:** Individual school coaches should inform their District meet directors of any scratches prior to the entry deadline. The District meet director will, in turn, inform the Region Meet Director of the scratch, and the name and qualifying time of the alternate for the event in question.

After the entry deadline, no changes of entries will be allowed unless the contestant is being scratched from the meet. If one of your swimmers qualifies in an event that you know he or she will not swim at the Region Meet, please have the person completing your Region entries make the necessary changes prior to turning in the Region Entry Forms. Indicate in the email body, the changes that were made and write "scratch or SCR" in the event they had qualified in.

**Changes/ Adjustments:** After the entry deadline has passed (4:00 pm, Monday, January 30<sup>th</sup>), the psych sheet will be emailed to the Coach that submitted entries as soon as it is prepared.

Adjustments from scratches and alternate entries will be made as long as possible. After the prelims begin, a scratch will result in an open lane.

After the prelims are completed, scratches and alternates will be accepted for one hour. Once the finals have started, a scratch will result in the lane left open.

Please review Rule 3, Section 1, Article 1, and Section 2, Articles 1, 2, 3, and 5 of the NFHS Swimming and Diving Rules Book concerning meet entries and meet conduct for championship meets.  
**No changes will be made after the entry deadline.**

**EVENTS:** The events and their order will follow that found in the NFHS Swimming & Diving 2022-23 Rules Book, Rule 5, Section 1, and Article 1.

**AWARDS:** U.I.L medals will be given to the top three competitors in each event. In addition, a plaque will be presented to the winning relay in each of those events. TISCA will be providing ribbons for places 4-8. There will be a team award for the winning teams (male and female). Diving awards will be presented at the diving event and recognized at the swimming meet. The presentation of awards is included in the timeline of the breaks.

**PACE OF FINALS:** We will announce the participants in the Consolation heat as they swim, Finals heat before they swim.

<b>Break/Awards:</b>	Swim Events 1-2	10 Minute Break
	Swim Events 3-8	30 Minute Break (Present awards for events 1-8)
	Swim Events 11-14	20 Minute Break (Present awards for events 11-14)
	Swim Events 15-18	20 Minute Break (Present awards 15-18)
	Swim Events 19-22	20 Minute Break (Present awards 19-22)
	Swim Events 23-24	Award remaining events awards
	<b><i>*1<sup>st</sup> Place coach in each event is to present the awards</i></b>	

Individual and Team Awards will be awarded after the last event award

**During Prelims, there will only be 3 breaks; 10 minutes after the Medley Relays, 15 minutes after the 50 freestyle and 5 minutes after the 100 breaststroke.**

**SCORING:** The top 16 shall advance from preliminaries: the fastest (8) to the finals and the next (8) to the Consolation finals in each event, scoring will be to sixteen places. The highest place a Consolation finalist may earn is 9<sup>th</sup> — even if they have a faster time than a top-8 finalist. The point values will be as follows:

**Championship Finals**

Place →	1st	2nd	3rd	4th	5th	6th	7th	8th
Individual	20	17	16	15	14	13	12	11
Relay	40	34	32	30	28	26	24	22

**Consolation Finals**

Place →	9th	10th	11th	12th	13th	14th	15th	16th
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

**Tie breakers:** If two or more divers have the same score at the end of the competition, the points will be split and a coin flip will determine the medal award. If there are ties in swim events, the points will be divided and the preliminary time will determine the place for advancing. If a tie still exists, a coin flip will decide the place. No additional medals will be provided for divers or swimmers.

**State Qualifiers:** (h) CHAMPIONSHIP STRUCTURE. (From the UIL Swimming and Diving Manual)

(2) Qualifiers to Regional. Top six (6) individuals and relays shall qualify from district to regional.

(3) Qualifiers to State. The first place and second place in each of eight regional swimming meets and the next eight swimmers with the best regional final times overall will advance to the state meet.

(4) Diving. In diving, three (3) divers will qualify at each of eight regional meets.

Relay entries to the UIL State Meet should be in the UIL office 10 days prior to the start of the meet. No entry sheets need to be sent to the UIL for the state meet, only indicate your relays online. If you are scratching a swimmer or relay after you have left the Region Meet site, contact the Region Meet Director and the UIL with that information. It is your responsibility to get any information to the UIL office they request. Check their website for your responsibilities.

**Meet Committee:** The Meet Committee will consist of the Meet Director, one official, one coach and two swimmers-at-large (one male, one female) in attendance, chosen after the District meets.

**Weather Contingency Plan:** In the unlikely event that a session(s) needs to be postponed, the corresponding events and times will be moved to the first available day after then.

MEET ADMINISTRATION:

Swim & Dive Meet Director

Jonathan Mayer

Cypress-Fairbanks Independent School District

Office: (832) 973-8008

E-Mail: [Jonathan.mayer@cfisd.net](mailto:Jonathan.mayer@cfisd.net)

Swim Meet Referee

Ron Lusk

Phone:

E-Mail: [rdl8930@att.net](mailto:rdl8930@att.net)

Dive Meet Referee

Amanda Brush

Cypress Fairbanks Independent School District

Phone: (832) 973-8004

E-mail: [amanda.brush@cfisd.net](mailto:amanda.brush@cfisd.net)

OFFICIALS: Swimming and Diving

**As per UIL regulations all deck officials must be currently registered with UIL / NFHS.**

If you have officials that would like to work the meet, please have them contact the Meet Referee **Ron Lusk** by email ([rdl8930@att.net](mailto:rdl8930@att.net)). Please provide the following information in your email:

- ✓ School district and school, you are representing,
- ✓ Number of years you have been a high school official and if you are a USA Swimming certified official.

**Officials will be contacted if you have been selected to work the meet**

Officials will need to attend a mandatory meeting one hour before each session.

Cypress-Fairbanks ISD reimburses each official \$80/session for working the Region meet.

**- The uniform for preliminary session will be white polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).**

**- Finals uniform will be navy blue polo shirt over khaki pants/skirt with all white tennis shoes (NO shorts or hats).**

TIMERS: All CFISD Schools will provide timers for both Prelims and Finals Sessions.

- ELECTRONIC RECORDING:** Any electronic recording will be permitted in the spectator area (see All American Diving exception). Videotape or film will not be used in judging any swimming/diving event. Please be sensitive to the other spectators. No strobe or artificial lights may be used.
- DIVING:** Schools may appoint one individual to film/ videotape the diving competition. This person will receive a media pass the afternoon of the diving competition that will give them access to the pool deck. **Coaches need to send a list of those wishing to film in advance so they can get their pass.**
- Swim:** There is no flash photography of any kind; parents or media, allowed at the start of a race. The credentialed media must wear the deck pass always while on deck. There is absolutely no photography from behind the starting blocks at any time. Failing to observe these conditions may result in your pass being revoked.
- RULES:** As guests of the aquatic facilities all must adhere to the CFISD Natatorium rules.
- Coaches must supervise their swimmers/ divers at all times.
  - Locks may not be left on lockers overnight.
  - Children must be supervised at all times and are not allowed on the deck.
  - The Natatorium is on school property and all participants/guests/visitors must adhere to District's policies and regulations.
- BUS PARKING:** Please see attached document for Parking layouts.