



FOR ALL

OPPORTUNITY IS HERE.

# Cypress-Fairbanks Independent School District

## Health Services: Seizure Action Plan

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Seizure triggers or warning signs: \_\_\_\_\_

CFISD staff will administer medication(s) as prescribed, call 911 for emergency medication administration, and notify parents of action plan initiation.

**MEDICATION(S)/TREATMENT**

Daily medication: \_\_\_\_\_  
(include dose, time, and route)

Emergency medication: **call 911**

Diastat® \_\_\_\_\_ mg rectally as needed for:  
seizure > \_\_\_\_\_ minutes OR  
\_\_\_\_\_ seizures in \_\_\_\_\_ hours

Other: \_\_\_\_\_  
\_\_\_\_\_  
(include dose, time, and route)

Vagus Nerve Stimulation (VNS): **call 911 at 5 minutes**

Swipe magnet at seizure onset  
 Swipe for report of aura  
 Repeat swipe \_\_\_\_\_ times every \_\_\_\_\_  
minutes if seizure persists  
 Other: \_\_\_\_\_

**SEIZURE DESCRIPTION**

Seizure type: \_\_\_\_\_

Seizure description: (check all that apply)

Convulsions     Involuntary rhythmic movements  
 Staring         Unconsciousness  
 Stiffening      Facial tics

(other information, including average length, frequency,  
and observations): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SEIZURE FIRST AID**

- Stay calm and contact the school nurse
- Track seizure start time
- Do not restrain or remove from wheelchair (unless emergency medication must be administered)
- Do not put anything in mouth
- Remain with student
- Protect head

**EMERGENCY SEIZURES (call 911)**

- Seizure lasting longer than 5 minutes
- Student does not regain consciousness
- Student has a first time seizure
- Student is injured or has diabetes
- Student has difficulty breathing
- Student has a seizure in water

Printed name of HCP \_\_\_\_\_ Signature of HCP \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ / \_\_\_\_/\_\_\_\_/20\_\_\_\_  
Phone number Date

I agree with the recommendations of my child's HCP and authorize CFISD staff to deliver treatment as outlined above. I also give permission for my child's HCP to communicate with appropriate CFISD employees for the current school year.

Printed name, parent/guardian \_\_\_\_\_ Signature parent/guardian \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ / \_\_\_\_/\_\_\_\_/20\_\_\_\_  
Phone number Date

Revised 2/2017

Student name: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom: \_\_\_\_\_ Student ID: \_\_\_\_\_ Allergies: \_\_\_\_\_

In compliance with CFSID Board policy FFAC (local), all medications administered by CFISD staff must be:

- delivered to the clinic by a parent/guardian or his/her designee (responsible adult),
- supplied in the original container (prescription bottle with prescription label or manufacturer's packaging and will only be administered in accordance with prescriber or manufacturer's guidelines),
- prescribed by a medical professional licensed with prescriptive authority in the state of Texas (unless US FDA approved medication available for purchase without a prescription),
- US FDA approved for safety and efficacy (school nurse must verify using reputable, peer-reviewed, evidence-based medical literature and may decline administration if she/he finds the dose to exceed current best practice or the medication is otherwise potentially harmful to the recipient),
- and retrieved from the clinic by a parent/guardian or his/her designee (responsible adult) by the last calendar day of the current school year or the medication will be destroyed in accordance with District expectations.

I request Cypress Fairbanks ISD personnel to administer the medication(s) listed below for the 20\_\_\_\_ - 20\_\_\_\_ school year:

Parent/guardian phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Parent/guardian email: \_\_\_\_\_

Med#1 \_\_\_\_\_ Med#2 \_\_\_\_\_ Med#3 \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Route: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ Route: \_\_\_\_\_

#1 Dose: \_\_\_\_\_ Time: \_\_\_\_\_ #2 Dose: \_\_\_\_\_ Time: \_\_\_\_\_ #3 Dose: \_\_\_\_\_ Time: \_\_\_\_\_

Reason: \_\_\_\_\_ Reason: \_\_\_\_\_ Reason: \_\_\_\_\_

Date of request: \_\_\_\_/\_\_\_\_/20\_\_\_\_ Date of request: \_\_\_\_/\_\_\_\_/20\_\_\_\_ Date of request: \_\_\_\_/\_\_\_\_/20\_\_\_\_

I, \_\_\_\_\_, parent or guardian of student listed above, authorize the administration of the medication listed above for the current school year and authorize the school nurse or her designee to contact the prescribing healthcare provider for any clarification regarding the requested medication administration.

Sign/Date: \_\_\_\_\_ Sign/Date: \_\_\_\_\_ Sign/Date: \_\_\_\_\_

End of year disposition of medication:

- Retrieved by parent/guardian
- Destroyed by CFISD staff

End of year disposition of medication:

- Retrieved by parent/guardian
- Destroyed by CFISD staff

End of year disposition of medication:

- Retrieved by parent/guardian
- Destroyed by CFISD staff

Sign/Date: \_\_\_\_\_

Sign/Date: \_\_\_\_\_

Sign/Date: \_\_\_\_\_