

MIDDLE SCHOOL BREAKFAST AND LUNCH MENU

April 2024

2023-2024 MIDDLE SCHOOL MEAL PRICES:

- MIDDLE SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00
- MIDDLE SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

BREAKFAST AND LUNCH CALENDAR

APR. 1

- Breakfast: French Toast Sticks
- Lunch: Breaded Bone-In Chicken, Steak Fingers, or Taco Salad

APR. 2

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Chicken Verde Burrito Bowl, Beef Burrito Bowl, or Taco Salad

APR. 3

- Breakfast: Strawberry Banana Muffin
- Lunch: Crispy Chicken Tender Taco or Taco Salad

APR. 4

- Breakfast: Sausage & Cheese Croissant
- Lunch: Breakfast for Lunch or Taco Salad

APR. 5

- Breakfast: Cinnamon Roll
- Lunch: Chili Cheese Dog or Spicy Chicken Tenders

APR. 8

- Breakfast: Chocolate Chip Waffle
- Lunch: Breaded Bone-In Chicken or Steak Fingers

APR. 9

- Breakfast: Strawberry Banana Muffin
- Lunch: Beef Nachos, Plain Nachos, or Taco Salad

APR. 10

- Breakfast: Breakfast Tacos
- Lunch: Chicken & Veggie Pot Stickers, Spicy Chicken Sandwich, or Taco Salad

APR. 11

- Breakfast: Turkey Ham & Cheese Croissant
- Lunch: Regular Chicken Chunks, Spicy Chicken Chunks, Macaroni & Cheese, or Taco Salad

APR. 12

- Breakfast: Cinnamon Roll
- Lunch: Meatball Sub

APR. 15

- NO SCHOOL

APR. 16

- Breakfast: Chocolate Chip Waffle
- Lunch: Breaded Bone-In Chicken, Steak Fingers, or Taco Salad

APR. 17

- Breakfast: Strawberry Banana Muffin
- Lunch: Rotini & Meat Sauce, Spicy Chicken Sandwich, Taco Salad

APR. 18

- Breakfast: Turkey Ham & Cheese Croissant
- Lunch: Beef Nachos, Plain Nachos, or Taco Salad

APR. 19

- Breakfast: Cinnamon Roll
- Lunch: Chicken Chunks, Spicy Chicken Chunks, Macaroni & Cheese, or Taco Salad

APR. 22

- Breakfast: Mini Pancakes
- Lunch: Bacon Cheeseburger or Spicy Chicken Tenders

APR. 23

- Breakfast: Sausage and Cheese Biscuit
- Lunch: Chicken Verde Burrito Bowl, Beef Burrito Bowl, or Taco Salad

APR. 24

- Breakfast: Breakfast Pizza
- Lunch: Sweet & Sour Chicken, Spicy Chicken Sandwich, or Taco Salad

APR. 25

- Breakfast: Turkey, Ham & Cheese Croissant
- Lunch: Beef Nachos, Plain Nachos, or Taco Salad

APR. 26

- Breakfast: Cinnamon Roll
- Lunch: Breaded Chicken Sandwich or Chicken Alfredo

APR. 29

- Breakfast: French Toast Sticks
- Lunch: Bone-In Chicken, Steak Fingers, or Taco Salad

APR. 30

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Beef Nachos, Plain Nachos, or Taco Salad

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at Schoolcafe.com

Nutrient Analysis Information can be found at <https://www.cfisd.net/Page/3593>

BREAKFAST INFORMATION

Complete breakfast includes choice of one entrée; two fruits or one fruit and juice; 1% white or fat-free chocolate milk.

Daily breakfast features: Yogurt and Rockin' ola Granola; Whole Grain Cereal (not available at some schools); Oatmeal Bar; 100% fruit juice and 1% white or fat-free chocolate milk.

LUNCH INFORMATION

Complete Lunch Includes: choice of entrée; two fruits; two vegetables and 1% white or fat-free chocolate milk.

Weekly Lunch Entrées:

- Monday - Friday: Cheese or Pepperoni Pizza
- Tuesday and Thursday: Mac and Cheese Pizza

Monthly Entrée Salads

- Tuesday, Wednesday, and Thursday: Taco Salad