

MIDDLE SCHOOL BREAKFAST AND LUNCH MENU

May 2024

2023-2024 MIDDLE SCHOOL MEAL PRICES:

- MIDDLE SCHOOL BREAKFAST: PAID STUDENTS: \$1.25 // Adult/Visitor breakfast \$3.00
- MIDDLE SCHOOL LUNCH: PAID STUDENTS: \$2.50 // Adult/Visitor lunch \$5.00
- REDUCED STUDENT BREAKFAST: FREE // REDUCED STUDENT LUNCH: \$0.40

BREAKFAST AND LUNCH CALENDAR

MAY 1

- Breakfast: Breakfast Pizza
- Lunch: Crispy Chicken Tender Tacos or Taco Salad

MAY 2

- Breakfast: Turkey Ham & Cheese Croissant
- Lunch: Breakfast for Lunch or Taco Salad

MAY 3

- Breakfast: Chocolate Chip Banana Muffin
- Lunch: Cheese Stuffed Breadsticks or Spicy Chicken Tenders

MAY 6

- Breakfast: Chocolate Chip Waffle
- Lunch: Breaded Bone-In Chicken or Steak Fingers

MAY 7

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Beef and Cheese Nachos, Cheese Nachos, Beef Nachos, or Chicken Caesar Salad

MAY 8

- Breakfast: Breakfast Tacos
- Lunch: Chicken & Veggie Pot Stickers, Spicy Chicken Sandwich, or Chicken Caesar Salad

MAY 9

- Breakfast: Turkey Ham & Cheese Croissant
- Lunch: Regular Chicken Chunks, Spicy Chicken Chunks, or Chicken Caesar Salad

MAY 10

- Breakfast: Cranberry Orange Muffin
- Lunch: Meatball Sub or Spicy Chicken Sandwich

MAY 13

- Breakfast: French Toast Sticks
- Lunch: Mini Corn Dogs or Spicy Chicken Sandwich

MAY 14

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Breaded Bone-In Chicken, Steak Fingers, or Chicken Caesar Salad

MAY 15

- Breakfast: Chocolate Chip Waffle
- Lunch: Rotini & Meat Sauce, Spicy Chicken Sandwich, or Chicken Caesar Salad

MAY 16

- Breakfast: Turkey Ham & Cheese Croissant
- Lunch: Beef and Cheese Nachos, Cheese Nachos, Beef Nachos, or Chicken Caesar Salad

MAY 17

- Breakfast: Chocolate Chip Banana Muffin
- Lunch: Regular Chicken Chunks, Spicy Chicken Chunks, or Chicken Caesar Salad

MAY 20

- Breakfast: Mini Pancakes
- Lunch: Bacon Cheeseburger or Spicy Chicken Sandwich

MAY 21

- Breakfast: Sausage & Cheese Biscuit
- Lunch: Chicken Chunks, Spicy Chicken Chunks, Macaroni & Cheese, or Taco Salad

MAY 22

- Breakfast: Breakfast Pizza
- Lunch: Sweet and Sour Chicken, Spicy Chicken Sandwich, or Chicken Caesar Salad

MAY 23

- Breakfast: Turkey, Ham & Cheese Croissant
- Lunch: Beef and Cheese Nachos, Cheese Nachos, Beef Nachos, or Chicken Caesar Salad

MAY 24

- Breakfast: Confetti Muffin
- Lunch: Breaded Chicken Sandwich or Chicken Alfredo

MAY 27

- No School

MAY 28

- Breakfast: Chocolate Chip Waffle
- Lunch: Steak Fingers or Chicken Caesar Salad

MAY 29

- Breakfast: Mini Pancakes
- Lunch: Homestyle Chicken Tenders or Chicken Caesar Salad

MAY 30

- Breakfast: Breakfast Pizza
- Lunch: Mini Corn Dog or Chicken Caesar Salad

MAY 31

- Breakfast: Chocolate Chip Banana Muffin
- Lunch: Cheese Stuffed Breadsticks

This institution is an equal opportunity provider.

Menus are subject to change without notice due to price and availability of food.

Menus also available at Schoolcafe.com

Nutrient Analysis Information can be found at <https://www.cfisd.net/Page/3593>

BREAKFAST INFORMATION

Complete breakfast includes choice of one entrée; two fruits or one fruit and juice; 1% white or fat-free chocolate milk.

Daily breakfast features: Yogurt and Rockin' ola Granola; Whole Grain Cereal (not available at some schools); Oatmeal Bar; 100% fruit juice and 1% white or fat-free chocolate milk.

LUNCH INFORMATION

Complete Lunch Includes: choice of entrée; two fruits; two vegetables and 1% white or fat-free chocolate milk.

Weekly Lunch Entrées:

- Monday - Friday: Cheese or Pepperoni Pizza
- Tuesday and Thursday: Taco Pizza

Monthly Entrée Salads

- Tuesday, Wednesday, and Thursday: Chicken Caesar Salad